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### Fast-Track Cities London Initiative

### ‘Getting to Zero’ Collaborative - grant programme

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| **1. Summary** |
| Title | Fast-Track Cities London – ‘Getting to Zero’ collaborative  |
| Date work requested | September 2023 |
| Proposed start date  | November 2023 |
| Proposed end date | 2025  |
| Response deadline for proposals | Mid-day 12pm, Tuesday 7 November 2023 |

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| **2. Context and outline**  |
| Summary and background | London signed up to the international Fast-Track Cities movement in 2018. The partnership is between the Mayor of London, NHS England, London Councils, UKHSA, OHID, people living with HIV, doctors, nurses and academics. London is working together to get to zero new cases of HIV, zero preventable deaths and zero stigma by 2030, with everyone living well.**Achievements 2019-2023****Tackling stigma**After extensive engagement with the HIV sector and people living with HIV in 2019, Fast-Track Cities London embarked on a programme of work to tackle stigma at all levels: self-stigma, organisational and societal. We worked with the National AIDS Trust and Britain Thinks on the national public knowledge and attitudes survey to set the baseline in London. We’ve also worked Kings College London and Barts to design a survey of NHS staff. 2022 saw us launch a series of 8 targeted empowerment programmes, which set the course for the launch of the HIV confident anti-stigma charter on April 1st this year and the HIV ambassador programme working with NAT and THT.**Opt-out HIV testing in EDs**We supported NHS England London with the roll out of opt out HIV testing in all London’s EDs and are now designing a peer support specification so peer support can be available across all London HIV clinics. **Targeted testing**We piloted a variety of projects through the Fast-Track Cities improvement collaborative that reached out to people from marginalised communities with unmet needs in faith settings, high streets, homeless hostels and migrant health centres. We are also supporting pilots in coloscopy clinics and primary care.**Research**We funded research into mental health needs and solutions and a definition of preventable HIV deaths for consistent global use. We’ve part funded this year’s Gay Men’s Sexual health Survey and are looking at further research into mental health support. We are currently evaluating the improvement collaborative approach as a blue print for health planners, where the third sector works closely with the NHS to support people with long term health conditions.**Mental health**We piloted an online mental health service tackling isolation and loneliness using counselling, mentoring and support groups. The initiative reached over 600 people with support, with 75% saying they felt more confident and less isolated as a result.**Improvement collaborative**Fast-Track Cities London ran a £3 million, 3-year HIV improvement collaborative of 13 projects with 22 charities and 9 NHS trusts, delivered 1000s of hours of psychosocial support, over 5,000 HIV tests to marginalised communities who would otherwise never get a test, supported mums living with HIV and their children and secured over £1.8 million in benefits for patients.**Evolving HIV care in London**London co-produced the recommendations for the health and care system to deliver best possible HIV care for the future, working with clinicians and people living with HIV. The report was published in December 2021 and will inform HIV strategy and planning in London for the next 5 years.**Peer support**Fast-Track Cities piloted three peer support services in HIV clinics. The peer support teams worked as part of the multi-disciplinary NHS team to improve quality of life for patients, increase well-being and signpost people living with HIV to other services like welfare benefit advice, food banks, housing, immigration and mental health services. This approach delivered a 12-fold increase in referrals to peer support, and in one clinic 85% of complex patients achieved an untransmissible HIV status. **Fast-Track Cities work programme 2023-25**Fast-Track Cities London’s work programme for the next two years is based on helping the HIV sector to deliver the four key pillars of the HIV Action Plan for England and supports the priorities in London’s Evolving HIV care report. The 2023-25 work plan builds on the successful previous three years of cross-sector partnership work. This includes extensive consultation and engagement with the HIV voluntary sector and community since 2019, to build the roadmap to zero and evolving HIV care priorities for London.The HIV action plan pillars relating to the London system include:* Fair access and uptake of HIV prevention programmes including PrEP
* Scaling up testing in line with national guidelines, considering the implications of London being a global city with highly migrant populations
* Optimising quick access to treatment and keeping people diagnosed in care
* Improving quality of life, particularly mental health and tackling stigma

There are five major workstreams for 2023-2025:* **Primary care** – working with NHSE to recruit 16 GP HIV champions who will be supported by a project officer to deliver a targeted work plan piloting testing and PrEP initiatives, case finding, getting people diagnosed back into treatment and working closely with HIV clinicians to support capacity and coordinated care.
* **Stigma** – delivering the three year programme to tackle stigma and discrimination in London through the HIV confident anti-stigma charter mark (with National AIDS Trust) and the HIV Ambassadors (with Terrence Higgins Trust).
* ‘**Getting to zero’ collaborative** – we will shortly be launching the ‘Getting to zero’ collaborative, which will be looking for projects to tackle three major priorities for London over the next 18 months:
	+ Peer support in all HIV clinics
	+ People diagnosed re-engaged in care
	+ Improving quality of life and mental well-being
* **PrEP** – working in partnership to develop a strategy for London and design suitable interventions.
* **London leadership** – mapping, data and evaluation, communications and engagement, partnership working across the UK and internationally, sharing learning and best practice.

Data analysis from 2021 presents the context for HIV:* Almost 40% of all HIV diagnoses are in London
* Gay, bisexual and men who have sex with men (GBMSM) make up 41% of all HIV diagnoses
* There are 2,100 undiagnosed cases of HIV in London
* New HIV diagnoses rose by 1%, to 2,955, with increases in GBMSM and heterosexual and bisexual women
* Declining rates of HIV testing among heterosexuals
* Late diagnosis rose from 44% to 46% - affecting heterosexual men and women in particular
* Over 95% of those using PrEP are gay and bisexual men
* 60% of people living with HIV also manage a chronic condition as well as their HIV
* Mental ill health rates are higher for people living with HIV

The Fast-Track Cities London Leadership Group is seeking to establish the ‘**Getting to Zero’ Collaborative,** which will consist of a collaboration of third sector organisations, working with other third sector organisations, the NHS and local authorities, delivering key initiatives across London in line with the strategic aims of the Fast-Track Cities London programme and the national HIV action plan. |
| Purpose of grant programme | **‘Getting to Zero’ Collaborative**The support requested is for **delivery of initiatives against three key aims** of the ‘Getting to Zero’ Collaborative, to support the overarching aims of ending HIV by 2030. To support this, the Fast-Track Cities London Leadership Group proposes to build a collaboration of organisations working with people living with HIV, in partnership with other third sector organisations, the NHS and local authorities, through inviting organisations to bid for funding to deliver new initiatives that align with London’s priorities:Aim 1: Embedding a peer support network in HIV clinics across LondonAim 2: Improving the quality of life and well-being of people living with HIV * Aim 3: Re-engaging people diagnosed with HIV who are no longer accessing care or treatment
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| Approach | Bids may propose work that addresses single or a combination of aims. The Fast-Track Cities London Leadership Group is looking to commission a small number of scalable and impactful initiatives, from a pot of £800,000. The programme will aim to start in November 2023 subject to procurement and run for up to 18 months. An evaluation partner will be procured separately to conduct an evaluation of the collaborative approach, alongside each of the initiatives. The evaluation partner will collect and use data to inform progress and decision making. This will be procured separately due to procurement regulations.**Requirements**Bidders will be required to fulfil the following criteria:1. Initiatives must be led by the third sector and work in partnership with other third sector providers, NHS organisation(s) and local authorities where possible/suitable to deliver the proposed initiative(s).
2. Demonstrate how their proposal will deliver on the aims set out above.
3. Employ a quality improvement and evaluation methodology into the operational running of each of the initiative(s). Organisations will be required to attend 6 x 2 hour quality improvement sessions throughout the 18 months.
4. Demonstrate that they have worked with an external evaluation partner; Organisations will be required to participate in the evaluation exercise conducted by a third party and supply all relevant data throughout the 18 months.
5. Demonstrate that they have the capacity, competency and capability to deliver an agile initiative(s) across the 18 month period and demonstrable capabilities to work in effective partnerships and maximise opportunities to scale-up to deliver more widely.
6. Demonstrate through a flexible project plan how their partnership and initiative(s) will tackle health inequalities and reach underserved communities, and that people living with HIV are at the heart of their initiative, codesigning and delivering culturally competent work where applicable.
7. Take into account the recommendations from the independent research into the sustainability of the VCSO sector.

The Fast-Track Cities Leadership Group will be looking to measure impact and efficacy of each initiative, and therefore each package will need to use quality improvement methodology and an evaluation framework to gather qualitative and quantitative data aligning itself with aims of the overarching Fast-Track Cities initiative. These organisations will also be supported to implement improvement methodologies and evaluate the success of their initiatives using the framework evaluation measures.Find out more about previous improvement collaborative successes on our website at [www.fasttrackcities.london/hiv-improvement-community-impact-report-highlights-progress-in-getting-to-zero/](http://www.fasttrackcities.london/hiv-improvement-community-impact-report-highlights-progress-in-getting-to-zero/). The appointed host organisation will be provided with a ‘starter-pack’ of relevant documents and will be required to attend a set number of improvement methodology training courses and quarterly review meetings. However, any additional engagement activities to shape content and design, work to promote and ensure sustainability of the initiatives will need to be organised and facilitated by the appointed organisation.Fast-Track Cities London will create a Getting to Zero Collaborative sub-group, which will report into the Fast-Track Cities London Leadership Group. This group will: 1. Help develop the Collaborative through tools, templates, improvement methodology training and discussion;
2. Provide funding over 18 months to support the development and operation of the proposed initiative

**Improvement methodology and data collection**Projects will be trained in a set of Quality Improvement tools which will enable teams to collect and act on a set of key data. As a minimum the data required will include:* An overall measurable project aim/outcome (SMART – Specific, Measurable, Time limited, Relevant) <https://www.england.nhs.uk/wp-content/uploads/2021/03/qsir-developing-your-aims-statement.pdf>
* A family of measures which describe a set of processes which will deliver the aim and measures which demonstrate progress against them <https://www.ihi.org/education/IHIOpenSchool/resources/Pages/AudioandVideo/Whiteboard15.aspx>
* A set of shorter PDSA (Plan, Do, Study, Act) data which demonstrates the effectiveness of experiments designed to continuously improve approaches <https://www.england.nhs.uk/wp-content/uploads/2022/01/qsir-pdsa-cycles-model-for-improvement.pdf>

**Training and coaching will be provided in all tools and techniques, but projects should be aware that this is a requirement of the programme and dedicated time will be required to undertake and report on it.****Monitoring and financial oversight**This initiatives will be monitored by the Fast-Track Cities London Leadership Group until 2025.Transformation Partners in Health and Care (TPHC) is hosted by the Royal Free London NHS Foundation Trust. The Royal Free London NHS Foundation Trust will hold this contract on behalf of Fast-Track Cities from November 2023 to 2025.There is a potential of up to 50% variation in contract value/timescales, subject to additional funds available to Fast-Track Cities London, at the discretion of the Leadership Group. |
| Scope | The total of the tender is £800,000, which would be offered to up to successful bidders. Any bids received above this amount will not be considered. Only bids above £25,000 will be considered.The scope will be limited to third sector organisations, preferably those who are currently working in the HIV sector, and only initiatives that meet one or more of the following priority aims will be considered:Aim 1: Embedding a peer support network in HIV clinics across LondonAim 2: Improving the quality of life and well-being of people living with HIV * Aim 3: Re-engaging people diagnosed with HIV who are no longer accessing care or treatment
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| **3. Provider requirements** |
| Key Skills and Experience | * Experience of influencing and working with service users.
* Experience of developing and implementing programmes/services.
* Knowledge of HIV is desirable, incorporating strong understanding of prevention, diagnosis, treatment and care, quality of life, stigma and discrimination, as well as the wider determinants and inequalities related to HIV and sexual health through the life-course.
* Knowledge or the ability to obtain knowledge of the current HIV service map in London, from prevention to treatment, care and support services.
* Ability to work collaboratively with multiple stakeholders from diverse communities.
* Strong project management skills.
* Experience of working in supporting the mental health and wellbeing of service users.
* Experience of working/partnering with NHS organisations and local authorities.
* Experience of improvement methodologies.
* Political sensitivity and ability to maintain neutral, evidence-based approach to project.
* Experience of delivering large programmes of work with maximum impact.
* Experience of successfully funding ongoing programmes of work.
* Should have the capacity to undertake the proposed initiative.
* Ability to collect and analyse data to gain insight, inform decisions and improvements, and build data-led reports
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